the time refresh refuel t	es el a se el a	November		Middle School fast Menu	2017
Monday	Tuesday	Wednesday	Thursday	Friday	
		Daily Fruit and Milk Optior	15		
W	Vater Mellon, Grapes, Apples, H	Banana, Cantaloupe, Blueberrie	es, 100% Fruit Juice, Choice of M	filk	
		Daily Cold Breakfast Optio	ns		Reimbursable for Lunch
Assorted Cereal , Grah	am Crackers, Graham Sc	uares w/ Sun butter, A Hard Boiled Eggs	ssorted Breakfast Bar, Str	ing Cheese, Yogurt and	Student Must Take A Fruit Vegetable and two othe items
		1 Turkey Pancake Wrap Cherry Frudel Hash Brown Patty Pumpkin Spice Glazed Doughnut Sausage & Cheese English Muffin Egg & Cheese English Muffin	2 Turkey Pancake Wrap Cherry Frudel Hash Brown Patty Pumpkin Spice Glazed Doughnut Sausage & Cheese English Muffin Egg & Cheese English Muffin	3 Turkey Pancake Wrap Cherry Frudel Hash Brown Patty Pumpkin Spice Glazed Doughnut Sausage & Cheese English Muffin Egg & Cheese English Muffin	Reimbursable Meal for Breakfast Student Must Take A Fruit Juice and two other iten Menu is subject to chang
5 Sausage Breakfast Pizza	7	8 Waffles	9 Waffles	10	
Cherry Frudel Hash Brown Patty	No School Election Day	Cherry Frudel Hash Brown Patty	Cherry Frudel Hash Brown Patty	No School Veteran's Day	
Vanilla Glazed Doughnut Sausage & Cheese English Muffin Egg & Cheese English Muffin	Election Day	Vanilla Glazed Doughnut Sausage & Cheese English Muffin Egg & Cheese English Muffin	Vanilla Glazed Doughnut Sausage & Cheese English Muffin Egg & Cheese English Muffin	veterali s Day	Neshaminy School District Free and Reduced Meal Application Information as well as nutritional information
3	14	15	16	17	please visit
Turkey Pancake Wrap Southwest Strata Hash Brown Patty Powdered Sugar	Turkey Pancake Wrap Southwest Strata Hash Brown Patty Powdered Sugar	Turkey Pancake Wrap Southwest Strata Hash Brown Patty Powdered Sugar	Turkey Pancake Wrap Southwest Strata Hash Brown Patty Powdered Sugar	Turkey Pancake Wrap Southwest Strata Hash Brown Patty Powdered Sugar	
Doughnut Sausage & Cheese English Muffin	Doughnut Sausage & Cheese English Muffin	Doughnut Sausage & Cheese English Muffin	Doughnut Sausage & Cheese English Muffin	Doughnut Sausage & Cheese English Muffin	www.neshaminy.org/1con/s hoollunches
Egg & Cheese English Muffin 20 Egg Omelets	Egg & Cheese English Muffin 21 Egg Omelets	Egg & Cheese English Muffin 22	Egg & Cheese English Muffin 23	Egg & Cheese English Muffin 24	
Bacon and Egg Biscuit Hash Brown Patty	Bacon and Egg Biscuit Hash Brown Patty	No School	No School	No School	
Chocolate Glazed Doughnut Sausage & Cheese English Muffin	Chocolate Glazed Doughnut Sausage & Cheese English Muffin		Thanksgiving	Thanksgiving	
Egg & Cheese English Muffin	Egg & Cheese English Muffin 28	29	30		
Spanish Frittata Apple Frudel Hash Brown Patty	Spanish Frittata Apple Frudel Hash Brown Patty	Spanish Frittata Apple Frudel Hash Brown Patty	Spanish Frittata Cherry Frudel Hash Brown Patty		Reduced Price: \$0.30 Paid price: \$1.60
Maple Glazed Doughnut	Maple Glazed Doughnut	Maple Glazed Doughnut	Maple Glazed Doughnut		
Sausage & Cheese English Muffin Egg & Cheese English Muffin	Sausage & Cheese English Muffin Egg & Cheese English Muffin	Sausage & Cheese English Muffin Egg & Cheese English Muffin	Sausage & Cheese English Muffin Egg & Cheese English Muffin		
				-	
		Breakfast Available Daily for all St	udents		-
	This ins	titution is an equal opp	ortunity provider	a	ramark

November Neshaminy Middle School 2017										
Lunch Menu										
Daily Fruit, Sides and Milk Options										
Water Mellon, Grapes, Apple, Apple Sauce, Blueberries, Cantaloupe 100% Fruit Juice, French Fries										
Milk Choice Daily Grill Station Options Built to Order Golden Crispy Chicken Tenders										
	Breaded Chicken Patty Spicy Breaded Chicken Patty									
	Student Must Take A Fruit or Vegetable and two other									
Romaine Lettuce I	items									
	Reimbursable Meal for									
		Deli /Salad Station Options Built t Sandwich, Sun Butter & Jelly			<u>Breakfast</u> Student Must Take A Fruit					
		l Bread, WG Wrap, Mini Sub Chicken Salad, Turkey & Ha			or Juice and two other					
	Swi	ss, American & Cheddar Che	eese		items					
	Romaine Lettuce Leaf, Ba	anana Pepper & Pickle Slices, Home Entrée Station	, Tomato & Onion Slices		Monu is subject to shange					
		1	2	3	Menu is subject to change					
					Neshaminy School District Free and Reduced Meal					
	ovember is Cold	Meat Lovers Pizza	Macaroni and Cheese	Grilled Cheese Sandwich	Application Information as well as					
Sandwich Month!		Golden Corn	Steamed Broccoli	Peas and Carrots	nutritional information					
Promotion Runs: November 6th - 17th		Fresh Celery Sticks Three Bean Salad	Fresh Red Pepper Strips Potato Salad	Fresh Tomato Wedges Cucumber Tomato Salad	<u>please visit</u>					
		Apple, Yogurt and Cheese Platter	Chicken and Cheese Salad	Turkey Chef Salad						
		Ham and Cheese Sandwich	Egg Salad Hoagie 9	Chicken Salad Sandwich	国都総国					
6 Chicken BLT Diced	2000 - 10 - 10 - 10 - 10 - 10 - 10 - 10									
Pancakes w/ Sausage	i cnicken mixed with bacon, tomato a	BBQ Chicken Pizza	Roasted Turkey w		TIME STATE					
	No Cohool		Stuffing and Mashed Potatoes	No Coloral	www.neshaminy.org/1con/s					
Tator Tots Fresh Broccoli	No School	Green Beans	Steamed Carrots	No School	choollunches					
Garden Salad	Election Day	Fresh Tomato Wedges Garden Salad	Fresh Celery Sticks Potato Salad	Veteran's Day						
Ham Chef Salad		Ham Chef Salad	Chicken and Cheese Salad		Join Us					
Turkey & Cheese Hoagie		Turkey & Cheese Wrap	Cheese Hoagie							
13 Add	14	15		17 h == 124h 4= 4h = 174h	11/9/17					
	1	eans, cheese, salsa and spices wrapped in a t	ortilla with lettuce AVailable Novem	l .	for Our					
Cheese Quesadilla	Soft Shell Tacos	Meat Lovers Pizza	Orange Chicken w/ Rice	BBQ Pulled Pork Sandwich	Thanks					
	Vegetarian Beans	Steamed Carrots	Golden Corn	Steamed Broccoli						
Fresh Broccoli	Fresh Red Pepper Strips	Fresh Cucumber	Fresh Celery Sticks	Fresh Baby Carrots	Giving Feast					
Garden Salad Vegetarian Baja Salad	Three Bean Salad Beef Taco Salad	Cucumber Tomato Salad Egg Chef Salad	Coleslaw Ham & Turkey Chef Salad	Garden Salad Tuna Salad Platter	with all the					
Ham and Cheese Sandwich		Chicken Salad Sandwich	Cheese Hoagie	Egg Salad Hoagie	trimmings!					
20	21	22		24	0.1					
Penne w/ Meatballs	Soft Shell Tacos			N.a. Cala a d						
Green Beans	Vegetarian Beans	No School	No School	No School						
Fresh Tomato Wedges	Fresh Celery Sticks		Thomksonining	Thanksgiving						
Garden Salad	Potato Salad		Thanksgiving	Thanksgrung						
Fruit and Cheese Salad Ham & Cheese Wrap	Beef Taco Salad				Lunch Price: Paid \$3.10,					
Ham & Cheese Wrap	Chicken Salad Sandwich 28				Reduced \$0.40					
	0.00.77	D (01)		N						
Grilled Ham and Cheese Steamed Broccoli	Soft Shell Tacos Vegetarian Beans	Buffalo Chicken Pizza Steamed Carrots	Corn Dog Steamed Green Beans	Macaroni and Cheese Steamed Spinach						
Fresh Red Pepper Strips	Fresh Baby Carrots	Fresh Tomato Wedges	Fresh Celery Sticks	Fresh Baby Carrots						
Garden salad	Coleslaw	Cucumber Tomato Salad	Potato Salad	Garden Salad						
Egg Chef Salad	Beef Taco Salad	Chicken and Cheese Salad	Tuna Salad Platter	Ham Chef Salad						
Cheese Hoagie	Tuna Salad Sandwich	Ham and Cheese Wrap	Turkey and Cheese Sandwich	Egg Salad Sandwich						

Breakfast Available Daily for all Students



This institution is an equal opportunity provider.